

CB-BK WE2 2026: Session: 3: COACH evaluation sheet for TEAM: ENLN

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Evrard Marc HEADCOACH

Coaches: Brusten Arthur

Coaches: Rondeau Lola

Coaches: Bertrand Amaury

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 18: 400M FREESTYLE MEN 15-18							Heat:5, starttime: 08:50	
Heat: 5/5 Lane : 1 Athlete: DUREZ OLIVER							Q-time: 04:18:69	
PB (50m pool): 04:18.69 Charleroi 15/02/2026			PB (25m pool): 04:32.59SB: 04:18.69 Charleroi 15/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:29.69	01:01.37	01:34.19	02:07.26	02:40.31	03:13.32	03:46.73	04:18.69
	00:29.69	00:31.68	00:32.82	00:33.07	00:33.05	00:33.01	00:33.41	00:31.96
								

Coach feedback:

Event number: 19: 400M MEDLEY WOMEN 15-18							Heat:4, starttime: 09:14	
Heat: 4/5 Lane : 2 Athlete: PAVAN NAHLA							Q-time: 05:22:98	
PB (50m pool): 05:31.14 Charleroi 12/01/2025				PB (25m pool): 05:20.15 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.72	01:11.93	01:55.08	02:37.31	03:25.16	04:14.38	04:53.84	05:31.14
	00:32.72	00:39.21	00:43.15	00:42.23	00:47.85	00:49.22	00:39.46	00:37.30
								

Coach feedback:

Event number: 19: 400M MEDLEY WOMEN 15-18							Heat:5, starttime: 09:20	
Heat: 5/5 Lane : 4 Athlete: VACHAUDEZ ELLA							Q-time: 04:58:30	
PB (50m pool): 04:58.30 Antwerpen 27/07/2025			PB (25m pool): 04:52.63SB: 05:00.23 Antwerpen 22/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:31.46	01:08.52	01:46.74	02:24.44	03:07.81	03:51.29	04:25.85	04:58.30
	00:31.46	00:37.06	00:38.22	00:37.70	00:43.37	00:43.48	00:34.56	00:32.45
								

Coach feedback:

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Event number: 20: 50M BACKSTROKE MEN 15+				Heat:2, starttime: 09:27	
Heat: 2/13 Lane : 5 Athlete: SYLVIO SACHA				Q-time: 00:30:80	
PB (50m pool): 00:30.80 Charleroi 24/05/2026				PB (25m pool): 00:30.65 SB: 00:30.80 Charleroi 24/05/2026	
	5 0 M				
PB	00:30.80				
	00:30.80				
					

Coach feedback:

Event number: 20: 50M BACKSTROKE MEN 15+				Heat:5, starttime: 09:32	
Heat: 5/13 Lane : 7 Athlete: GLINEUR RAPHAEL				Q-time: 00:30:12	
PB (50m pool): 00:30.12 La Louvière 25/05/2025				PB (25m pool): 00:29.67 SB: 00:31.50 La Louvière 07/06/2026	
	5 0 M				
PB	00:30.12				
	00:30.12				
					

Coach feedback:

Event number: 21: 200M FREESTYLE WOMEN 15+				Heat:8, starttime: 10:05	
Heat: 8/10 Lane : 7 Athlete: PUGENGER MARINE				Q-time: 02:10:40	
PB (50m pool): 02:13.50 Antwerpen 21/04/2024				PB (25m pool): 02:09.57 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:13.50	
	no time				
					

Coach feedback:

Event number: 21: 200M FREESTYLE WOMEN 15+				Heat:9, starttime: 10:08	
Heat: 9/10 Lane : 4 Athlete: DUREZ LAURE				Q-time: 02:02:46	
PB (50m pool): 02:02.46 Antwerpen 17/05/2026				PB (25m pool): 01:58.24 SB: 02:02.46 Antwerpen 17/05/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:28.78	01:00.02	01:31.13	02:02.46	
	00:28.78	00:31.24	00:31.11	00:31.33	
					

Coach feedback:

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Event number: 22: 200M BUTTERFLY MEN 15+					Heat:4, starttime: 10:22
Heat: 4/5 Lane : 4 Athlete: BIAD MALIK					Q-time: 02:07:04
PB (50m pool): 02:08.90 Antwerpen 17/05/2026			PB (25m pool): no time SB: 02:08.90 Antwerpen 17/05/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:28.02	01:00.28	01:33.48	02:08.90	
	00:28.02	00:32.26	00:33.20	00:35.42	
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 15+					Heat:4, starttime: 10:22
Heat: 4/5 Lane : 8 Athlete: AIESI VASCO					Q-time: 02:21:41
PB (50m pool): 02:21.41 Charleroi 24/05/2026			PB (25m pool): 02:33.80 SB: 02:21.41 Charleroi 24/05/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.21	01:08.01	01:44.75	02:21.41	
	00:32.21	00:35.80	00:36.74	00:36.66	
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 15+					Heat:5, starttime: 10:25
Heat: 5/5 Lane : 4 Athlete: DUFOND NATHAN					Q-time: 02:06:29
PB (50m pool): 02:06.29 Antwerpen 17/05/2026			PB (25m pool): 02:05.91 SB: 02:06.29 Antwerpen 17/05/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:27.98	01:00.01	01:32.99	02:06.29	
	00:27.98	00:32.03	00:32.98	00:33.30	
					

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 15+					Heat:7, starttime: 10:42
Heat: 7/12 Lane : 8 Athlete: PAVAN NAHLA					Q-time: 01:11:16
PB (50m pool): 01:11.16 Charleroi 24/05/2026			PB (25m pool): 01:12.57 SB: 01:11.16 Charleroi 24/05/2026		
	5 0 M	1 0 0 M			
PB	00:34.94	01:11.16			
	00:34.94	00:36.22			
					

Coach feedback:

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Event number: 23: 100M BACKSTROKE WOMEN 15+			Heat:10, starttime: 10:48
Heat: 10/12 Lane : 3 Athlete: VACHAUDEZ ELLA			Q-time: 01:06:28
PB (50m pool): 01:06.28 Antwerpen 27/07/2025			PB (25m pool): 01:06.10 SB: 01:06.89 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	
PB	00:32.19	01:06.28	
	00:32.19	00:34.09	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 15+			Heat:10, starttime: 10:48
Heat: 10/12 Lane : 4 Athlete: DUREZ LAURE			Q-time: 01:04:17
PB (50m pool): 01:04.17 ANTWERPEN 23/04/2023			PB (25m pool): 01:01.01 SB: 01:04.22 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	
PB	no time	01:04.17	
	no time		
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 15+			Heat:8, starttime: 11:05
Heat: 8/22 Lane : 3 Athlete: SYLVIO SACHA			Q-time: 00:57:54
PB (50m pool): 00:57.54 La Louvière 07/06/2026			PB (25m pool): 00:57.57 SB: 00:57.54 La Louvière 07/06/2026
	5 0 M	1 0 0 M	
PB	00:28.13	00:57.54	
	00:28.13	00:29.41	
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 15+			Heat:16, starttime: 11:17
Heat: 16/22 Lane : 1 Athlete: DUREZ OLIVER			Q-time: 00:55:67
PB (50m pool): 00:55.97 La Louvière 07/06/2026			PB (25m pool): 00:55.75 SB: 00:55.97 La Louvière 07/06/2026
	5 0 M	1 0 0 M	
PB	00:27.05	00:55.97	
	00:27.05	00:28.92	
			

Coach feedback:

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Event number: 24: 100M FREESTYLE MEN 15+			Heat:22, starttime: 11:25
Heat: 22/22 Lane : 5 Athlete: PETRE OLIVIER			Q-time: 00:51:64
PB (50m pool): 00:51.64 Antwerpen 27/07/2025			PB (25m pool): 00:50.90 SB: no time
	5 0 M	1 0 0 M	
PB	00:25.02	00:51.64	
	00:25.02	00:26.62	
			

Coach feedback:

Event number: 25: 100M BREASTSTROKE WOMEN 15+			Heat:7, starttime: 11:39
Heat: 7/11 Lane : 8 Athlete: MICHELS JULIE			Q-time: 01:19:47
PB (50m pool): 01:19.47 Antwerpen 20/07/2025			PB (25m pool): 01:21.33 SB: 01:20.69 La Louvière 07/06/2026
	5 0 M	1 0 0 M	
PB	00:37.55	01:19.47	
	00:37.55	00:41.92	
			

Coach feedback:

Event number: 25: 100M BREASTSTROKE WOMEN 15+			Heat:8, starttime: 11:40
Heat: 8/11 Lane : 7 Athlete: PUGENGER MARINE			Q-time: 01:18:21
PB (50m pool): 01:18.21 La Louvière 25/05/2025			PB (25m pool): 01:15.52 SB: 01:19.16 Charleroi 15/02/2026
	5 0 M	1 0 0 M	
PB	00:36.47	01:18.21	
	00:36.47	00:41.74	
			

Coach feedback:

Event number: 26: 50M BREASTSTROKE MEN 15+			Heat:7, starttime: 11:54
Heat: 7/12 Lane : 7 Athlete: MURER THIMEO			Q-time: 00:32:30
PB (50m pool): 00:32.30 Antwerpen 17/05/2026			PB (25m pool): 00:34.01 SB: 00:32.30 Antwerpen 17/05/2026
	5 0 M		
PB	00:32.30		
	00:32.30		
			

Coach feedback:

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Event number: 26: 50M BREASTSTROKE MEN 15+			Heat:7, starttime: 11:54
Heat: 7/12	Lane : 8	Athlete: FALZONE RAPHAËL	Q-time: 00:32:35
PB (50m pool): 00:32.35 La Louvière 07/06/2026			PB (25m pool): 00:34.06 SB: 00:32.35 La Louvière 07/06/2026
	5 0 M		
PB	00:32.35		
	00:32.35		
			

Coach feedback:

Event number: 26: 50M BREASTSTROKE MEN 15+			Heat:9, starttime: 11:56
Heat: 9/12	Lane : 8	Athlete: DUFOND NOAH	Q-time: 00:31:56
PB (50m pool): 00:31.56 Antwerpen 27/07/2025			PB (25m pool): 00:31.03 SB: no time
	5 0 M		
PB	00:31.56		
	00:31.56		
			

Coach feedback:

Event number: 27: 50M BUTTERFLY WOMEN 15+			Heat:11, starttime: 12:11
Heat: 11/17	Lane : 7	Athlete: PAVAN NAHLA	Q-time: 00:30:63
PB (50m pool): 00:30.48 Antwerpen 28/07/2024			PB (25m pool): 00:30.16 SB: 00:30.63 Antwerpen 17/05/2026
	5 0 M		
PB	00:30.48		
	00:30.48		
			

Coach feedback:

Event number: 27: 50M BUTTERFLY WOMEN 15+			Heat:16, starttime: 12:16
Heat: 16/17	Lane : 1	Athlete: HANNOTEAU ISALYNE	Q-time: 00:29:10
PB (50m pool): 00:29.10 Antwerpen 22/03/2026			PB (25m pool): 00:28.97 SB: 00:29.10 Antwerpen 22/03/2026
	5 0 M		
PB	00:29.10		
	00:29.10		
			

Coach feedback:

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Event number: 28: 200M MEDLEY MEN 15+					Heat:5, starttime: 12:31
Heat: 5/19 Lane : 4 Athlete: FALZONE RAPHAËL					Q-time: 02:27:31
PB (50m pool): 02:30.57 La Louvière 29/11/2025					PB (25m pool): 02:24.65 SB: 02:30.57 La Louvière 29/11/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.98	01:15.89	01:56.00	02:30.57	
	00:33.98	00:41.91	00:40.11	00:34.57	
					

Coach feedback:

Event number: 28: 200M MEDLEY MEN 15+					Heat:8, starttime: 12:40
Heat: 8/19 Lane : 4 Athlete: DUREZ OLIVER					Q-time: 02:24:59
PB (50m pool): 02:24.59 La Louvière 29/11/2025					PB (25m pool): 02:29.26 SB: 02:24.59 La Louvière 29/11/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.73	01:08.53	01:51.92	02:24.59	
	00:29.73	00:38.80	00:43.39	00:32.67	
					

Coach feedback:

Event number: 28: 200M MEDLEY MEN 15+					Heat:18, starttime: 13:09
Heat: 18/19 Lane : 5 Athlete: BIAD MALIK					Q-time: 02:11:03
PB (50m pool): 02:11.03 Antwerpen 17/05/2026					PB (25m pool): no time SB: 02:11.03 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:27.50	01:01.54	01:39.20	02:11.03	
	00:27.50	00:34.04	00:37.66	00:31.83	
					

Coach feedback: